## WHAT IS CLAIMED IS:

1 A method of operating an optical network coupling a plurality of nodes, comprising: 2 providing a laser source as a network reference; 3 distributing optical reference signals to said network nodes from said multiple wavelength laser 4 source; providing a plurality of channels each synchronized to said reference signals; and 5 6 utilizing one or more of said channels for communications from one of said nodes 7 to at least one other one of said nodes. 1 2. A method in accordance with claim 1, comprising: 2selecting each channel by selecting one wavelength of a plurality of 3 predetermined optical wavelengths of said reference signals. 1 3. A method in accordance with claim 2, comprising: . 2 further selecting each channel by selecting one modulation frequency of a 3 plurality of predetermined modulation frequencies. A method in accordance with claim 3, comprising: 1 4. 2 further selecting each channel by selecting one phase of a plurality of 3 predetermined phases. A method in accordance with claim 2, comprising: 2 further selecting each channel by selecting by one phase of a plurality of predetermined phases. A method in accordance with claim 1, comprising: . 1 6. utilizing one or more multiple wavelength lasers as said laser source. 1 7. A method in accordance with claim 6, comprising: 2 selecting each channel by selecting one wavelength of a plurality of 3 predetermined optical wavelengths of said reference signals.

	2	further selecting each channel by selecting one modulation frequency of a		
	3	plurality of predetermined modulation frequencies.		
	1	9. A method in accordance with claim 8, comprising:		
	2	further selecting each channel by selecting one phase of a plurality of		
	3	predetermined phases.		
	1	10. A method in accordance with claim 7, comprising:		
	2	further selecting each channel by selecting one phase of a plurality of		
	3	predetermined phases.		
	1	11. A method in accordance with claim 1, comprising:		
	2	combining the outputs of a plurality of lasers to provide said laser source.		
	1	12. A method in accordance with claim 11, comprising:		
	2	utilizing a plurality of multiple wavelength lasers as said plurality of lasers.		
	1	13. A method of operating an optical communications system comprising a plurality of		
	2	nodes, said method comprising:		
	3	providing a plurality of channels;		
-	4	selecting each channel by selecting one wavelength from a predetermined		
	5	plurality of wavelengths and by selecting one modulation frequency from a plurality of		
	6	modulation frequencies;		
	7	assigning selected ones of said channels for communications from one node of		
	8 .	said plurality of nodes to at least another node of said plurality of nodes;		
	9	synchronizing said channels to optical reference signals; and		
]	10	providing a said optical reference signals from a source common to all of said		
]	l 1	plurality of nodes.		

A method in accordance with claim 7, comprising:

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1	14.	A method in accordance with claim 13, comprising:		
2		providing a laser source as said common source.		
1	15.	A method in accordance with claim 14, comprising:		
2		utilizing a plurality of lasers as said laser source.		
1	16.	A method in accordance with claim 13, comprising:		
2		further selecting each channel by selecting one phase from a plurality of		
3	predet	termined phases.		
1	17.	An optical communications system comprising:		
2		an optical network;		
3		a plurality of nodes, each node of said plurality of nodes being coupleable to said		
4	network for exchanging information with other nodes of said plurality of nodes, said information			
5	being transmitted over communication channels, each channel having a wavelength selected			
6	from a	predetermined plurality of wavelengths;		
7		apparatus at each said node for synchronizing said channels to optical reference		
8	signal	s; and		
9	,	a source of said optical reference signals, said source being common to all of said		
0	plurali	ty of nodes.		
1	18	An optical communication system in accordance with claim 17, wherein:		
2		said source comprises a laser source.		
1	19.	An optical communication system in accordance with claim 18, wherein:		
·, 2		said laser source comprises a multiple wavelength laser source.		
1	20.	An optical communication system in accordance with 19, wherein:		
2		said laser source comprises a plurality of multiple wavelength lasers.		